



LUNCH BAGS

Option 1

Pulled Pork & Apple Slaw Roll
Orzo, Pesto & Cherry Tomato Salad
Caramel Oat Slice

Option 2: Halal

Turkish Spiced Chicken Pita with Hummus
Asian Slaw with Peanut Dressing
Orange & Almond Cake

Option 3

Roast Lamb, Beetroot Relish, and Rocket Ciabata
Pumpkin, Feta & Walnut Salad
Chocolate Chunk & Sea Salt Cookie

Option 4 (Vegetarian):

Grilled Halloumi, Red Capsicum Relish & Roasted Vegetable Turkish
Mediterranean Chickpea Salad
Carrot Cake Slice

Option 5 (Gluten Free):

Chicken, Avocado & Pesto GF Sandwich
Southwest Corn & Bean Salad
Dark Chocolate Brownie

Option 6 (Paleo):

Roast Lamb, Caramelized Onion, and Arugula Super Seeded Sandwich
Honey-Roasted Parsnip & Carrot Salad
Mixed Berry Chia Pudding

Option 7 (Vegan):

Falafel, Lemon Tahini Sauce with Pickled Red Onions and Cucumber Wrap
Asian Noodle Salad
Oat, Apricot and Dark Chocolate Slice

Option 8 (Keto):

Chorizo & Spinach Crustless Quiche
Broccoli & Toasted Almond Salad
Keto Coconut Balls

Option 9 (gf/vege):

Grilled Halloumi, Avocado & Pesto GF Sandwich
Southwest Corn & Bean Salad
Dark Chocolate Brownie



LUNCH PLATTERS

Option 1

Pulled Pork & Apple Slaw Roll
Orzo, Pesto & Cherry Tomato Salad
Smoked Chicken & Brie Tartlet
Caramel Oat Slice

Option 2: Halal

Turkish Spiced Chicken Pita with Hummus
Asian Slaw with Peanut Dressing
Tomato, Bocconcini & Basil Quiche
Orange & Almond Cake

Option 3

Roast Lamb, Beetroot Relish, and Rocket Ciabata
Pumpkin, Feta & Walnut Salad
Classic Bacon & Egg Wedge
Chocolate Chunk & Sea Salt Cookie

Option 4 (Vegetarian):

Grilled Halloumi, Red Capsicum Relish & Roasted Vegetable Turkish
Mediterranean Chickpea Salad
Spanakopita Filo Cup
Carrot Cake Slice

Option 5 (Gluten Free):

Chicken, Avocado & Pesto GF Sandwich
Southwest Corn & Bean Salad
Vegetable Frittata Squares
Dark Chocolate Brownie

Option 6 (Paleo):

Roast Lamb, Caramelized Onion, and Arugula Super Seeded Sandwich
Honey-Roasted Parsnip & Carrot Salad
Roast Beef Roll-Ups with Cucumber and Red Pepper
Mixed Berry Chia Pudding



Option 7 (Vegan):

Falafel, Lemon Tahini Sauce with Pickled Red Onions and Cucumber Wrap
Asian Noodle Salad
Stuffed Vine Leaves
Oat, Apricot and Dark Chocolate Slice

Option 8 (Keto):

Chorizo & Spinach Crustless Quiche
Broccoli & Toasted Almond Salad
Dilled Eggs
Keto Coconut Balls

Option 9 (gf/vege):

Grilled Halloumi, Avocado & Pesto GF Sandwich
Southwest Corn & Bean Salad
Stuffed Vine Leaves
Dark Chocolate Brownie